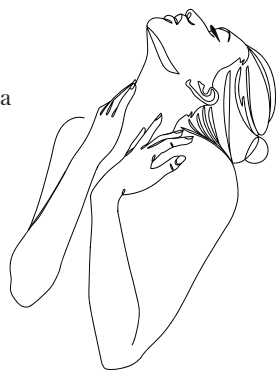


TruCryo® CRYOTHERAPY

Experience the power of advanced cold therapy with TruCryo®, a cutting-edge cryotherapy system designed to support recovery, wellness, and aesthetic goals. Using controlled cold temperatures, TruCryo® stimulates the body's natural physiological responses, helping to reduce inflammation, promote circulation, accelerate recovery, and enhance overall wellbeing.

Whether used as part of a wellness programme, post-treatment recovery plan, or body contouring journey, TruCryo® offers a non-invasive treatment experience with no downtime.



Treatment areas

- Abdomen
- Flanks (Love handles)
- Thighs
- Inner thighs
- Upper arms
- Back
- Bra fat area
- Chin & Jawline
- Buttocks
- Knees

Benefits of TruCryo®

- Supports fat reduction in targeted areas
- Promotes body contouring and sculpting
- Stimulates circulation and lymphatic drainage
- Assists with skin tightening and rejuvenation
- Supports recovery from sports injuries by aiding muscle recovery, reducing post-exercise soreness, and promoting faster healing
- Non-invasive with no surgery or downtime
- Safe, comfortable, and effective treatment



Treatment fee.

R2,000 - 2,500 per session, per treatment area.

Your treatment plan will be tailored to your individual goals, and multiple sessions may be recommended to achieve optimal results.

Prior booking is essential.

Cold Therapy. Recovery. Rejuvenation. Body Contouring